

The HeartBeat

A weekly newsletter for Mountainside Church members

OF MOUNTAINSIDE



June 28, 2026

Welcome!

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Mountainside Church

301 Elcano Drive
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(501) 922-2626
Hours: Mon-Tue, 8 a.m. - 4 p.m.
Wed-Thur, 8 a.m. - 1 p.m.
mountainsidechurch.com

This Sunday at Mountainside

“Change”

Romans 12:1-2



“Consistency”

Have you ever known someone who is “even keeled?” Before we delve into that specific individual, just exactly what do I mean by being “even keeled?” The term “even keeled” originated in the maritime industry and refers to how a boat or sailing craft sits in the water. The keel itself is the backbone of a ship and runs along the bottom of the hull from the bow to the stern (from front to back for you landlubbers). When a ship is properly loaded and keel sets parallel to the surface of the water, not listing to the left or the right, the boat is said to be on an even keel. This is the best position for a vessel to be in to ensure smooth sailing.

So, what exactly is a person who is “even keeled?” Does it mean they are a centrist politically, not leaning to the left or the right? Does it mean a person who walks straight, not leaning to either side, or not walking in a stooped-over manner? Realistically speaking, being referred to as an even-keeled person has no reference to the physical position of one’s body as with that of a ship.

Being even-keeled means a person is fairly consistent in their emotional reactions. If you know this type of person, you probably realize you’ve rarely seen them have emotional outburst nor be “down in the dumps.” This is the type of person who moves through their day like a swan on the water, moving across the lake with very little disturbance in the water. However, this type of person rarely lets you see the effort “below the water line” that it takes to progress through their day.

As Christians, we face a great deal of adversity in our lives. As a matter of fact, scripture says it will not be an easy road to travel. It reminds me of an old



1970’s country hit by Lynn Anderson, “I never promised you a rose garden.” One of the lines of the chorus says, “Along with the sunshine there’s gotta be a little rain sometime.” Oh, how true is that!

Jesus told His disciples as recorded in the Gospel of John: “If the world hates you, keep in mind that it hated me first. If you belonged to the world, it would love you as its own. As it is, you do not belong to the world, but I have chosen you out of the world.” People hate what they do not know, or care to know. If it is different, it is easier to hate it than to put forth the effort to learn and understand. I guess this describes a scripturally lazy world that we live in.

One thing we can be assured of, even amid a challenging world, is this—God never changes. God spoke through the prophet Malachi and said, “I the Lord do not change,” and the writer of Hebrews says, “Jesus Christ is the same yesterday and today and forever.”

Death, taxes, and change—the things assured of in this world. However, there is something stronger and surer than all of these and that is the consistency of the love and grace extended to us by God the Father through His Son, Jesus Christ!

OPPORTUNITIES TO CONNECT & ENGAGE



Emmaus Men & GALS

Meetings are held on the third Monday of every month in Classroom A. The upcoming meeting is scheduled for Monday, July 6, at 8:30 a.m.



Gardeners needed

We need volunteers to trim bushes around the Memorial Garden and the church. Please sign up on the sign-up sheet in the lobby. If you have any questions please call Bill Hoak at 501-693-7833.

Smokey Brothers Meats

Place your orders now for the best meats this side of the Mississippi!

Chicken leg/thigh	\$5	Chicken breast	\$7
1/4 pork loin	\$8	Pork loin sliced, 1 lb	\$5
Pulled pork, 1 lb	\$8	Baby back ribs, 1/2 rack	\$10
Baby back ribs, whole rack	\$20	St. Louis ribs, 1/2 rack	\$10
St. Louis ribs, whole rack	\$20	Brisket sliced, 1 lb	\$15

Place your orders with one of the brothers:

Bill Hoak – 501-693-7833

Kevin Hoak – 815-353-8318

All proceeds go to Missions work.



Your Hospitality Team

This Sunday's Hospitality Team will be Donna & Bobby Mahle and Liz & Mike Clarno.

Upcoming servers:

7/5: Bill & Jo Hoak, Scott & Merry Voskuil

7/12: Marilyn Sturges, JD & LouAnn Walker, Jennifer Ellis

7/19: Donna & Bobby Mahle, BJ Conner, Arlene McAlister



PRAYERS



Prayers Needed

Jesus said “WHEN you pray...” not “IF you pray” (Matt. 6:5). Please add these people to your prayers this week.

- Mary Justina Ackley
- Don Heitz
- Jeff & Melissa Owen
- Carol Willson
- Matthew Baker
- Brian Karriger
- Elain Pool
- Richard Wood
- Jeff Boor
- Harper Cooper Family
- John Randolph
- Mary Ruth Burres
- Joey Dean
- Jimmy Newell
- Mallory Seibert
- BJ Conner
- Rickie Barns
- Brian Little
- LouAnn Walker
- Jeff Fox
- Renee McKinley
- Marcia Wanner

Other Prayers

- The people of Ukraine
- The entire Middle East
- Our state & national leadership
- Mountainside Church & leadership
- Active Military and Family Members

If you would like to make additions/corrections/deletions to the prayer list, please call the church office at (501) 922- 2626 or email Stacy at mountainsidechurch@gmail.com.

